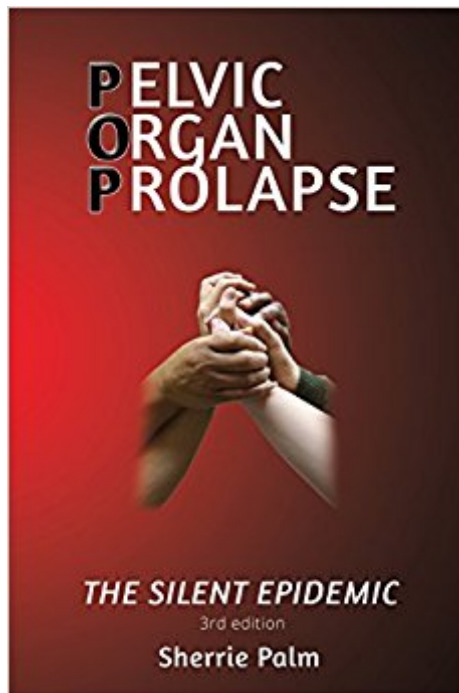




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Pelvic Organ Prolapse: The Silent Epidemic



Synopsis

The subliminal message the feminine gender receive from early childhood on is we should not look at, talk about, or acknowledge the vagina. It's no wonder women have a difficult time understanding female pelvic health, or interpreting symptoms such as incontinence, constipation, pelvic pain, or vaginal tissue bulge. Pelvic organ prolapse (POP) is estimated to impact 50% of the female population, and these symptoms along with others are clear indicators – yet women are seldom screened for POP during routine pelvic exams despite childbirth and menopause being leading POP causal factors. There is little conversation about pelvic organ prolapse at this stage of women's health evolution, absurd considering POP has been on medical record for nearly 4000 years. This book overrides stigma and generates open dialogue to enable women to recognize symptoms indicating POP. Knowledge of pelvic organ prolapse is a pivotal segment of women's health, and POP awareness will unquestionably generate the next significant shift in women's health. Pelvic Organ Prolapse: The Silent Epidemic shines a light for all women to recognize symptoms they don't understand.

Book Information

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Customer Reviews

As a physician, I feel it is truly important for my patients to understand the important issues related to prolapse and urinary incontinence, as well as the options for treating these distressing conditions. With a good understanding of the problem and their options, women can make good informed choices regarding their care. As a surgeon, I spend a lot of time explaining pelvic organ prolapse to

my patients. I am very pleased to see Sherrie Palm doing the same thing from a woman's perspective. As a woman who had to deal with prolapse herself, she shares the inside information on how to recognize prolapse and how to get qualified help for it. This book is a must read for every woman! Lennox Hoyte MD, MSEECS Author: A Patient Guide to Prolapse Repair Sherrie Palm's tireless work as a patient advocate, and as author of "Pelvic Organ Prolapse: The Silent Epidemic," continues to play a key role in this transformation of women's healthcare. I recommend Sherrie's book as an essential reference for women impacted by these conditions, or for any individual seeking a better understanding of this remarkably common women's health condition. Roger P. Goldberg, MD MPH Author: Ever Since I Had My Baby Sherrie Palm's book, 'Pelvic Organ Prolapse: The Silent Epidemic,' is my single most trusted resource for my patients to gain insight and education for optimal decision making in their care. I keep several copies available in my office at all times and encourage my patients to get a copy of their own. Vincent Lucente, MD, MBA Brilliant clinical and personal experience by Sherrie Palm has given the reader an unbiased, thoughtful, and useful insight into the issues surrounding pelvic organ prolapse. By being a well-versed patient advocate she is able to bridge the gaps of knowledge and experience that the lay person can relate with and the doctor relate to. Red M. Alinsod, MD, FACOG, FACS, ACGESherrie is such an inspiration as she continues her crusade to educate women, healthcare providers, and academics about the impact that POP has on women's lives. She understands that impact and she has dedicated her life to educating others and to obliterating the stigma attached to POP. I am so grateful for this book, for APOPS, and for Sherrie. This book is a must read for all women, as we are all vulnerable to issues affecting the pelvic floor. Thank you, Sherrie Palm, for modeling passion, compassion, tenacity, and persistence, and for encouraging and empowering women to use their voice...because it is true - every voice matters. Mary Phippen So many women - whether new mothers or squarely on the other side of menopause - say "If I only knew" when they learn that POP is the root of their physical pain, sexual dysfunction, and fecal and urinary incontinence. Sherrie's life work is to make sure more and more women know how to prevent and manage POP. And thanks to the information in this book, the medical community is becoming more sensitized. Most importantly, Sherrie's work inspires us to join forces in order to restore not only our health, but our dignity. Caitlin Bergin

Sherrie Palm is the Founder/CEO/Executive Director of the Association for Pelvic Organ Prolapse Support (APOPS), a POP Key Opinion Leader, author of the award-winning book "Pelvic Organ Prolapse: The Silent Epidemic," a speaker on multiple aspects of pelvic organ prolapse quality of life

impact, and an internationally recognized womenâ€™s pelvic health advocate. Sherrieâ€™s points of focus are generating global pelvic organ prolapse awareness, developing guidance and support structures for women navigating POP, and bridge building within POP healthcare, research, academia, industry and policy maker sectors toward the evolution of POP directives.

Pelvic Organ Prolapse: The Silent Epidemic 3rd edition is an outstanding, comprehensive book on navigating a personal and complicated condition. Sherrie addresses it all in this book and uses the voices of many women who have been there “done that to make this book an easy, comfortable read! Quotes by highly respected, world renowned clinicians validate that the information presented is on target. 50% of the female population will experience POP, 100% need the information. Knowledge is power. By reading this book, sharing it with women you love you will empower yourself, your daughters, your friends! Pelvic Organ Prolapse: The Silent Epidemic

Very informative for upcoming surgery, feel prepared.

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